

Rainbow Prayer Day

A piece of card in the shape of a fish with 7 holes punched in it given to each person who participates in this time of reflection as they consider the different issues / challenges presented at each 'prayer station' table

Each of the 7 prayer stations has a coloured cloth to cover a table, and small lengths of ribbons of the same colour using the colours of the rainbow: red / orange / yellow / green / blue / indigo / violet

Everyone is invited to visit each of the 'prayer stations'; to read the prayer – poems / the images / other documents of interest relating to the subject.

There will be the opportunity to participate in a creative activity, and when you leave the 'prayer station' you are invited to take a piece of the coloured ribbon and attach it to the fish shape in one of the cut-out holes

It does not matter in which order the 'prayer stations' are visited, but participants are encouraged to visit all 7

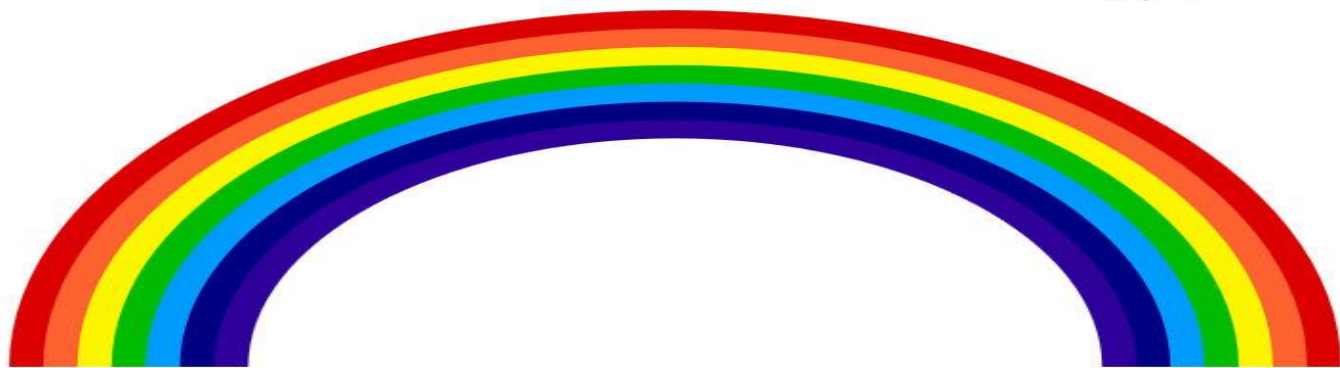
In addition to the shapes and images provided at each 'prayer station', there also needs to be a supply of crayons / pens / pencils / scissors / glue etc.

Around the room there are chairs provided for participants to take time to sit and reflect or offer prayers relating to each of the topics.

At the end of the event, gather together to discuss issues raised and to offer thanks for the work of the Mothers' Union and other organisations involved – acting as advocates to highlight and challenge injustice – working towards moral, social and economic justice for all; and closing the session by gathering together for a time of corporate prayer to end the day

Please refer to Rainbow Prayer Day **01B** and **01C** [showing images of 'prayer stations' and of a fish with 7 ribbons]

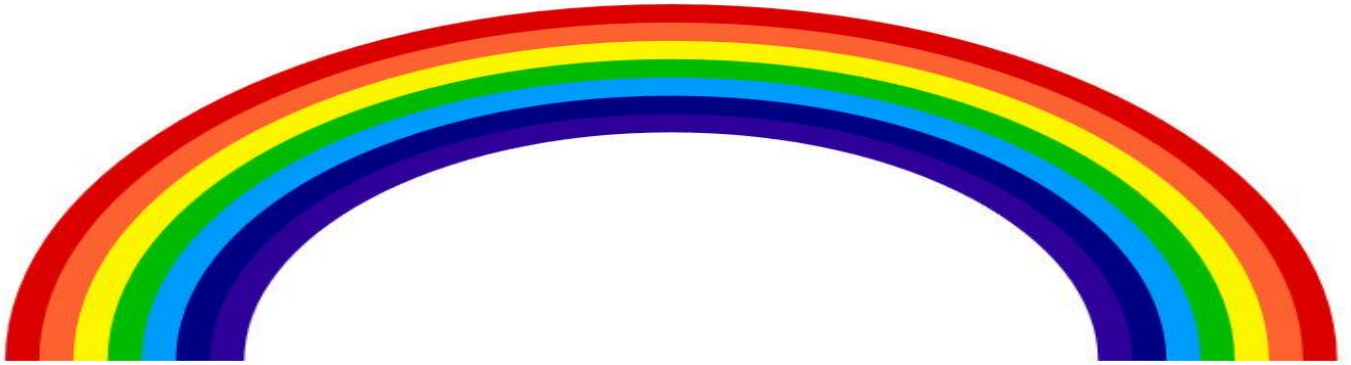
Our very grateful thanks go to Liz Curtis, a Mothers' Union member from the Diocese of Gloucester for the ideas to provide this thought-provoking and inspirational time for reflection in preparation leading up to the 16 Days of Activism from 25 November until 10 December each year. If you use this material, it is requested that you acknowledge that the prayer-poems and creative ideas that accompany them come from her. Thank you.



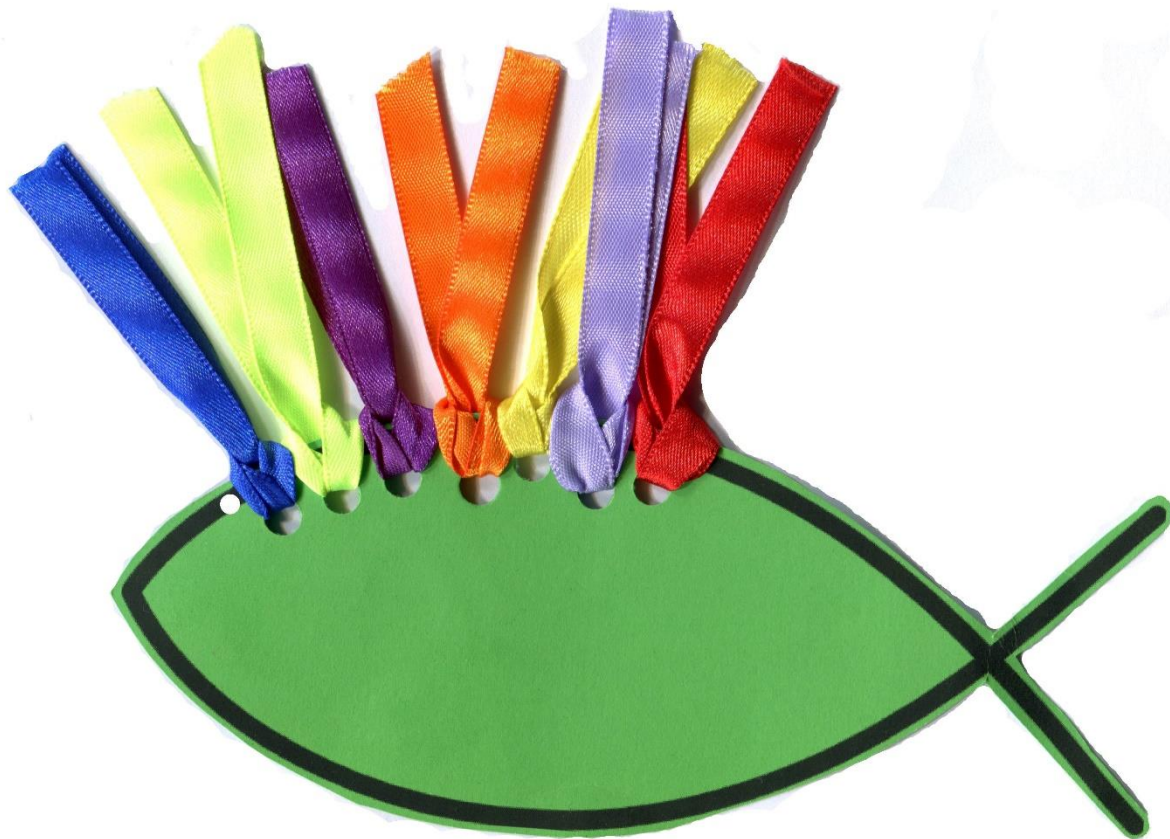
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