



# Rainbow Prayer Day



Our very grateful thanks go to Liz Curtis, a Mothers' Union member from the Diocese of Gloucester for the ideas to provide this thought-provoking and inspirational time for reflection in preparation leading up to the 16 Days of Activism from 25 November until 10 December each year. If you use this material, it is requested that you acknowledge that the prayer-poems and creative ideas that accompany them come from her. Thank you.



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**The Mothers' Union vision  
is of a world where God's love  
is shown through  
loving, respectful,  
and flourishing relationships.**



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**The promise of Jesus**

**to all who call on his name in faith:**



**I came that they may have life,  
and have it abundantly**

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